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Impact report



Table of Contents

Introduction	3
Results of the training sessions' evaluation	3
Results of the focus groups and/or surveys	5
Sustainability	6



Introduction

This report presents the impact of the “All Volunteers” project, on the participating organisations, on the participating youngsters, and on the local communities involved from Spain, Hungary and Italy.

Results of the training sessions’ evaluation

Training session 1

Name of the training session.

Confidence, self-esteem. Social Skills, Good relationships, be creative, speak in public.

Number of participants.

26

Summary of the evaluation results.

In general, the results of the evaluations carried out are quite positive; the group has been cohesive and participatory, which has contributed to the correct development of the programmed workshops.

Once the session has taken place, it has been observed that despite the difficulties arising from their disability (especially relevant in those participants with psychic disabilities), the group handles broadly the basic concepts related to social skills, especially those related with the communication, the participants are quite competent in the way of communicating and relating effectively and assertively with their peers and with authority figures, they know how to correctly make requests, apologize, etc.

They do not present difficulties when speaking in public, this ability has been tested through a practical exercise where each participant had to, in addition to presenting himself, explain the rules of a sport to the rest of the group. It has been confirmed that the participants are able to maintain eye contact with the rest of the group, use an appropriate tone of voice, make the corresponding breaks, etc.

Finally, it is necessary to emphasize that their abstract thinking has certain limitations but still they have a quite developed creativity.



Training session 2

Name of the training session.

Pedagogy, methodology. Expression and communication techniques, group management, activity design, sports promotion

Number of participants.

26

Summary of the evaluation results.

The development of this session has been quite difficult due to the complexity of the content to be treated, the group presents significant difficulties in developing the contents related to the pedagogical and methodological development, however if they have quite fluent in developing the expression and communication techniques explained in the session.

Training session 3

Name of the training session.

Sports knowledge Canary Islands Sports Law, Sports Volunteering, Adapted Sports, Adapted Physical Activities.

Number of participants.

26

Summary of the evaluation results.

During this session, participants worked on different concepts related to sports and volunteering, especially sports. A wide handling of the exposed contents has been proven, especially in the sports field since all the participants practice some type of sport, many of them federated or in “normalized” sports clubs.

Especially they show a predilection for team sports which reinforces their social competences, they know in a broad way the regulations to be applied and the regulatory framework.

In relation to the field of volunteering, the vast majority have had some isolated experience in this field, especially in the development of sporting events.

In general, they have shown great interest in integrating into social entities for the development of an inclusive sports volunteering.



Training session 4 and 5

Name of the training session.

Functioning of sports structures. First aid, social networks and other communication systems, sporting events.

Number of participants.

26

Summary of the evaluation results.

Due to the breadth and complexity of the contents, these have been divided into two sessions.

In general, it has been found that the participant group is knowledgeable about how a sports entity works and how social networks work as a sports promotion tool.

Through the activities proposed in the different workshops executed, the correct use of social networks has been reinforced.

From a security point of view, different security and first aid techniques have been worked with professionals specialized in the sector, in order to make participants competent to carry out a first intervention. They have shown a lot of ease with the concepts presented and much predisposition when it comes to intervene.

Results of the focus groups and/or surveys

In order to know the degree of satisfaction of the youths with disability participant, 2 focus groups were made, one with 14 participants where the young people with physical disabilities were grouped and another with 12 participants where the young participants with psychic disabilities were grouped. In total 26 people participated (26 men and 4 women)

Below are the questions that were asked.

Question 1. Please answer if you liked the organization of the different sessions.

100% (26 participants) have responded that if they liked the organization of the different sessions.

Question 2. Please answer if you have found the duration of the different sessions adequate.

75% of the participants (19 participants) have responded that the duration has been adequate, 15% of them (4 participants) have responded that the sessions were very long and 10% (3 participants) were very short.



Question 3. Please answer if you think that your participation in the training workshops has helped you interact better with your family, friends, colleagues, etc.

100% (26 participants) have responded that their participation in the workshops has helped them relate better to their family, friends, colleagues, etc.

Question 4. Please rate from 1 to 10 the training sessions in which you have participated.

60% (15 participants) rated the sessions with 10, 10% (3 participants) rated them with 9 and 30% (8 participants) with 8.

Sustainability

What is the percentage of youngsters who would like to continue being volunteers?

100% of the young participants have shown interest in continuing to participate in volunteer activities.

As a project partner, how will you ensure support to those who wish to continue?

Developing different actions of inclusive sports volunteering.

What did this project bring to your organisation?

La participación en este proyecto ha provocado la apertura de nuevas acciones y el intercambio de sinergias con diferentes entidades.

How many Letters of Intent did you get from Sports Organisations, stating that they wish to use the training materials in the future?

6

How many Letters of Intent did you get from public authorities, stating that they will support the replication of the training sessions in the future?

0